



Fir Tree Junior School Swimming Policy

At Fir Tree Junior School, we follow the policy and guidance as stated in the Safe Practice in School Swimming Policy from Oxfordshire County Council.

Swimming is part of the Physical Education (PE) curriculum. Swim England recommend that pupils will receive a minimum of 25 hours of School Swimming and Water Safety before the end of Key Stage 2.

As stated in the National Curriculum, pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25m
- Use a range of strokes effectively, such as front crawl, backstroke and breaststroke
- Perform safe self-rescue in different water-based situations

At Fir Tree we aim for all pupils to achieve their potential in swimming and aim to ensure they can swim a distance of at least 25 meters. Pupils in year 5 and 6 have weekly swimming lessons on a rota basis. Year 6 swim for the first three terms and year 5 for the next three terms. This gives each class three terms of swimming.

Swimming lessons take place at the Oratory School Swimming Pool and lessons are taught by qualified swimming instructors. Lifeguard provision is in place at the swimming pool. Risk assessments are completed before the class' swimming lessons begin. Fir Tree staff accompany the pupils and ensure safety and supervision complies with guidance and regulations according to the Safe Practice in School Swimming Policy from Oxfordshire County Council.

The PE subject leader has the responsibility to ensure:

- Lessons are arranged in accordance with the guidance set out in the Safe Practice in School Swimming Policy from Oxfordshire County Council
- Assessments are collated to track progress of the pupil's swimming ability
- Termly report is given to the Headteacher and Governors

Fir Tree Junior School is an academy with the Oxford Diocesan Schools Trust. The Governors have the overall responsibility to ensure the procedures contained in the Safe Practice in School Swimming Policy from Oxfordshire County Council is maintained

